



COLLEGE TECH PREP

Culinary Arts and Catering

Culinary Arts and Catering prepares students in all areas of the demanding and competitive world of food service. Basic cooking techniques, baking, salad preparation and advanced culinary skills are taught by a Culinary Institute of America graduate and a Chef instructor with extensive catering experience. Students operate a full-service restaurant at Stow-Munroe Falls High School, as well as cater functions, during and after school. Affiliated with ProStart, Culinary Arts is linked with this nationwide system of high school restaurant and food service courses administered by the National Restaurant Association Educational Foundation. Community-based partners offer job shadowing and worksite experiences. Up to nine college credits are available through the Hospitality Management program at The University of Akron, Summit College. Other post-secondary training might include Johnson & Wales or the Culinary Institute of America.

Skills necessary for success

- Interest in tasting different foods
- Physical stamina and ability to work under pressure
- Creative and artistic flair
- Ability to work with others
- Ability to implement restaurant staffing strategies/procedures
- Able to work independently and as part of a team
- Capacity to apply nutritional information and trends in menu planning
- Customer service and management skills
- Excellent personal qualities

Professional Pathway

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|----------------|----------------|--------------------|
| • Nutritionist | • Broiler cook | • Cruise line cook |
| • Banquet cook | • Pantry cook | • Executive chef |
| • Pastry cook | • Dietitian | • Sous chef |

Program Recommendations

- Excellent attendance record
- Minimum 2.5 GPA

Career interests/helpful background

- Interest in food preparation and cooking
- Technology skills
- Interest in menu, theme and party planning
- Interest in food research and development

Licenses/Certifications

- National Restaurant Association sanitation and safety certification
- Certification in Pro-Start

Higher education opportunities

- 9 College credits are available at The University of Akron, Summit College. See page 33.
- Associate's degree
- Bachelor's degree

GRADE LEVEL: 10, 11, 12
LENGTH: Two years
SCHOOL: Stow-Munroe Falls

CREDIT:
Level I - Tech Theory 1; Lab 3.
Level II - Tech Theory 2; Lab 3.