

# Athletic Health Care and Fitness



News about a College Tech Prep Initiative from the Six District Educational Compact

Winter 2010



## Completer takes part in Coast Guard rescue

**Jeff Smith**, a 2003 program completer from Cuyahoga Falls, is now in the Coast Guard. After completing the Athletic Health Care and Fitness Tech Prep Initiative, Smith attended West Virginia University, where he competed on the swim team. He received his paramedic/EMT certification and enlisted in the Coast Guard.

Recently, he took part in an emergency rescue mission of a fisherman off the coast of New England. The Coast Guard Cutter Escanaba, a 270-foot medium endurance cutter based in Boston, received a distress call from a fishing vessel. The captain of that vessel reported that a crewmember believed to have a heart attack had fallen overboard.

Smith was asked to accompany a medical response team, which included the Escanaba's corpsman. According to an e-mail from Smith, "We took the small boat over to the fishing vessel and the fantail (back of the ship) was covered with clams and fish. When we got to the man inside the fishing boat, we found out that he fell off and when he was getting back on we believe he got hurt." The corpsman determined he was knocked overboard when struck by heavy fishing gear.

Smith says that the 51-year-old victim was in the cold water for 10 minutes. Smith and the corpsman put the man on a backboard and in a Stokes basket and then lowered him into the Coast Guard boat. When they got back to the Escanaba, a Coast Guard helicopter picked up the victim and flew him to a hospital, 130 miles away. The man recovered.

## Eva Paoloni attends Leadership Conference for Healthcare, Medicine

Level II student **Eva Paoloni**, Kent, attended the National Student Leadership Conference for Healthcare and Medicine held in Chicago last summer.

"I toured hospitals and talked with doctors and medical students enrolled at Northwestern University," Paoloni says. "I learned a lot about medical ethics, teamwork and preparing myself for college."

Paoloni says she hopes to attend Walsh College or The University of Akron to major in pre-med or pre-pharmacy.

The benefits of being a part of Athletic Health Care and Fitness "is a head start in medical terminology, anatomy and testing," she explains. "I gained the tools to network with other doctors and be treated as if I'm already in a college class."



**Eva Paoloni**



### Six District Educational Compact

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# News Briefs

## Completer in grad school at Auburn

Stasia Burroughs, a 2001 completer from Kent, entered graduate school this fall at Auburn University.

As part of her graduate assistantship, she was assigned as the athletic trainer for the Valley High School football team. "The entire coaching staff had the utmost respect for me," she says. "They were easy to work with and the head coach appreciated me."

Halfway through the semester, Burroughs also began working as an athletic trainer at Fort Benning, Georgia, with the 192<sup>nd</sup> Brigade. Her duties include evaluating injured soldiers and supervising rehabilitation. This is also part of her assistantship.

## Completer now attending KSU

Kent student **Manuel Rocha**, who completed the Athletic Health and Fitness program as a junior, is attending Kent State University. Rocha is a post-secondary student at KSU, earning both high school and college credit for his pre-med studies. He attended the National Youth Leadership Forum on Medicine in Washington, D.C. last summer.

## AHC&F incorporates technology

Students in Athletic Health Care and Fitness incorporate technology into their daily classroom activities, as well as their exams and projects.

"We are trying to simulate the collegiate methods, including electronic transfer of projects," explains teacher **Terry Slattery**. Teachers use the classroom SmartBoard during lectures.

Career-Technical Education funding helped with the purchase of 30 Acer netbook laptops for classroom use. Students use these for writing projects, as well as research. Kent State University gave each student a jump drive to store data.

In addition both Slattery and teacher **Toby Jurgung** use their Kent City Schools blogsites to post assignments and important information. Flip video cameras are used to film evaluation and testing projects.

Check out the instructor's blog sites at [www.kentschools.net/tslattery](http://www.kentschools.net/tslattery) and [www.kentschools.net/tjurgung](http://www.kentschools.net/tjurgung).



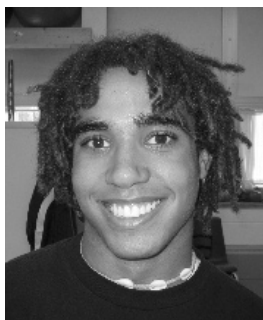
Level 1 students, Randy Foster, Woodridge, and Nic Onusic, Kent, interact with Davey students.

## Students help with COSI program

Students in Athletic Health Care and Fitness, as well as a group from Health Career Technologies, volunteered to help with a traveling COSI exhibit at Davey Elementary in Kent.

Twenty-four Level I and Level II student facilitated small group sessions, working with the elementary students to assist with activities and provide information. COSI's traveling interactive assembly presented "The Incredible Human Machine," followed by hands-on activities. The Center of Science and Industry is located in Columbus.

According to Davey PTO president **Angela Barak**, "The AHCF students did an excellent job of helping Davey with COSI. They worked so well with the elementary kids, did a great job of explaining the station information and were enthusiastic about helping. Many Davey teachers complimented them."



Matt Becker



Phil Weigel

## Level II students volunteer

Level II students **Matt Becker**, Kent, and **Phil Weigel**, Kent, volunteered to assist the

medical staff at the Akron Marathon held in September.

According to Becker, "We spent time with the EMTs, which was cool because that is what I want to do when I graduate."

## Students compete in 2009 Tech Prep Showcase



From left, Sarah Mastran, Scott Mastran and Manuel Rocha.

Three AHCF Level I and II teams competed in the annual 2009 Northeast Ohio Tech Prep Showcase. This annual competition allows students the opportunity to present research topics to be judged against other teams in select categories. Over 400 students from Northeast Ohio participated in this competition.

Placing second overall in the category of Bio-Tech/Fitness/Dental with the topic of, "Emergency Preparedness," were AHCF Level II students, **Sarah Mastran**, Tallmadge; **Scott Mastran**, Tallmadge; and **Manuel Rocha**, Kent. Placing fourth were Level II students, **Miranda Fritz**, Stow-Munroe Falls; **Jessica Shroyer**, Woodridge, and **Alex Johnson**, Kent. Also participating were Level I students **Marina Pelemis**, Cuyahoga Falls; **Jordan Bedell**, Kent; **Phil Weigel**, Kent; and **Matt Becker**, Kent.